



Corporate Events

Making food a
workplace experience



Welcome!

At The Fruit People, we believe exceptional food enhances workplaces and well-being.

Our menu is thoughtfully designed to delight your taste buds and elevate your office dining experience. With a focus on quality and variety, every dish is crafted to bring joy to your workplace.

Get to Know the Team Behind Your Menu Choices



Barry Dennis



Amy Blake



Anderson

Important Information

Please note:

All dishes are prepared in a kitchen that handles nuts and shellfish. The Food Safety Authority of Ireland (FSAI) advises customers with peanut allergies or suspected allergies to avoid products containing mustard as an allergen.

If you have any **specific dietary concerns or questions, please contact us at info@thefruitpeople.ie** or speak to a member of our team.

Cancellation Policy:

Cancellations within 24 hours of the scheduled event will be charged in full.

Order with us



Reach out to us at

(01) 534 5821



Discuss your catering needs

info@thefruitpeople.ie

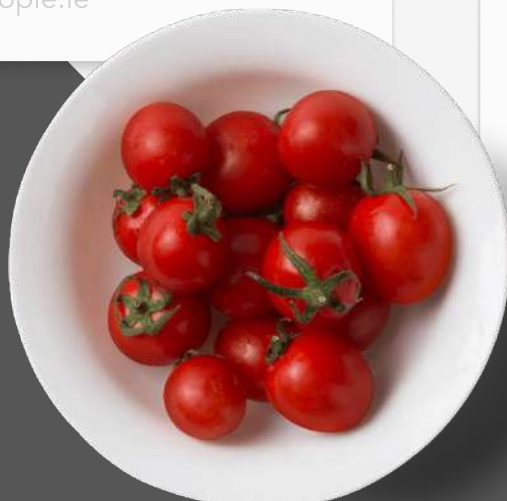
Pricing and delivery

All pricing given is ex VAT, and does not include delivery or service fee. Delivery fee is €27, and service fee will depend on event size; please ask for more details.

Serving groups of 25+ in central dublin and 50+ in surrounding areas.

Minimum people per dish –
20 for meat & 10 for vegetarian

Cut off time for final changes, final numbers – 48h prior to the event



Breakfast Options

Hot Breakfast Items

Brioche Breakfast Bun

Fried Egg, Bacon, Black Pudding

Contains: wheat, egg, milk, sulphites, soy, sesame, soya bean, mustard, gluten, may contain all nuts, peanuts

Vegan Sausage, Avocado, Roast Pepper, Tomato, Facon & Vegan White, Pudding w/ Vegan Bap

Contains: wheat, gluten, sulphites, halal, soya, may contain all nuts (peanuts), sesame

€10.80 each

Pastries

Croissant

Pain au Chocolat

Raisin Danish

Allergens: wheat, egg, milk, nut (hazelnut)

Oreo Overnight Oat Pots

Contains: oats, milk, wheat, nuts (hazelnuts and almond), sesame, gluten

Raspberry Overnight Oat Pots

Contains: oats, soy, wheat, nuts (hazelnuts and almond), sesame, gluten

Lemon & Blueberry Breakfast Slice

Contains: wheat, gluten, nuts (almond)

Chocolate Chip Banana Bread

Contains: wheat, milk, eggs, gluten

Three for €15.20

Fruits, Yogurts & Oat Pots

Fruit Pots

Pineapple, Melon, Watermelon, Blueberry, Strawberry

Yogurt Pot

Greek Yogurt, Blueberry Compote, Margadh Granola

Contains: milk, nuts (hazelnut and almond)

Three for €15.20



Add on to base breakfast



Pork Shoulder Sausage Roll

Contains: wheat, egg, sulphur dioxide

Fresh Fruit Skewers 🌱 🥛 🌿 🍃

Pineapple, Melon, Kiwi, Mixed Berries

Smashed avocado, chilli, onion & pepper, gluten free toast 🌱 🥛 🌿 🍃

Contains: halal, sulphites

Green Tea Matcha And Cacao Protein ball 🌿

Pistachio, Matcha Tea, Walnut, Almond, Maple, Coconut, Date, Cacao

Contains: tree nuts, nuts (walnut, almond, pistachio)

All the protein ball, have been produced in a environment containing, wheat, gluten, tree nuts, dairy, eggs, soya, sesame and sulphites

€4.75 each

Tortilla de Patata 🌱 🥛 🌿

Eggs, onions and potatoes slowly cooked in olive oil

Contains: eggs, sulphites

Breakfast Quiche

Sausage, black pudding, bacon lardon, egg, cheese

Contains: sulphur dioxide, milk, wheat, sesame

€7 each

Smoked Salmon Bagel

Smoked Salmon, Dill and Lemon Cream Cheese

Contains: wheat, milk, fish (salmon), sesame, gluten, may contain all nuts, peanuts, egg, soya

Bacon and Cream Cheese Bagel 🌿

Streaky Bacon, Chive Cream Cheese

Contains: wheat, milk, fish (salmon), sesame, gluten, may contain all nuts, peanuts, egg, soya

€8.25 each

Fresh Smoothies

Strawberry 🌱 🌿

Contains: milk

Raspberry and Banana coconut 🌱 🥛 🌿

Contains: soy

Fresh Juices

Pressed Apple Juice, Squeezed Orange Juice

€4.75 each



Lunch Options

Sandwiches

Gluten Free Bread Options Avail

Sample Sandwich Offerings

Buttermilk Poached Chicken, Garlic Aioli, Beef Tomato, Parmesan, Baby Gem

Contains: wheat, milk, egg, mustard, sulphur dioxide, gluten

Glazed Ham, Mustard Mayo, Smoked Cheddar, Dressed Slaw

Contains: wheat, sulphur dioxide, mustard, egg, milk, gluten

Turkey Club Sambo, Beef Tomato, Bacon, Truffle Mayo, Baby Gem

Contains: wheat, egg, mustard, sulphur dioxide, gluten

Mozzarella, Beef Tomato, Basil Pesto, Rocket

Contains: wheat, milk, nut (pine nut), gluten

€9.50 per sandwich or wrap

Wraps

Changes Monthly

Falafel Wrap, Hummus, Red Pepper Tabbouleh, Pickled Red Cabbage, Harissa, Riata

Contains: wheat, sesame, sulphites, gluten

Tuna & Sweetcorn Wrap, Three Cheese Mix, Baby Gem

Contains: egg, mustard, sulphites, wheat, fish (tuna), gluten

Chicken Caesar Wrap, Bacon, Parmesan, Baby Gem

Contains: egg, mustard, sulphites, wheat, gluten, milk



Plain Fillings

Egg Mayo

Contains: egg, mustard, sulphur dioxide, wheat

Chicken & Stuffing

Contains: egg, mustard, sulphur dioxide, wheat

Ham & Cheddar

Contains: wheat, dairy, butter

Salads

Charred Sweet Corn Tabbouleh

Cracked Wheat, Charred Corn, Red Onion, Roast Red Pepper, Black Bean, Jalapeno, Smoky Chipotle Dressing

Contains: wheat, gluten

Greek Salad, Tomato, Red Onion, Cucumber, Kalamata Olive, Feta

Contains: egg, milk, sulphites, sheep cheese (feta)

Spicy Peanut Dressing w/ Asian Rice Noodle Salad

Edamame Beans, Peppers, Chilli and Pickled Ginger

Contains: soy, sulphites, nuts (peanut), halal

Harissa Chickpea Salad, Chipotle Roast Sweet Potato, Feta Harissa Glazed Chickpea, Chipotle Roast Sweet Potato, Roast Red Peppers, Scallions, Herbs

Contains: sulphites, milk (goats, sheeps)

Cesar salad, Cherry Tomato, Baby Gem, Cesar Dressing

Contains: dairy, mustard, sulphite, eggs

Large share salad **€38**
serves 8-12 pax

Soups

Moroccan Harira

Tomato, Chilli and Coconut

Leek and Potato

Contains: milk

€5.70 per serving

Need to be grouped in batches cannot mix



Hot dishes



Chicken Dishes

Thai Green Chicken Curry

Contains: soy, fish, shellfish

Chicken, Leek and Ham Hock Pie

Contains: dairy, egg, milk, wheat, mustard

Chicken, Wild Mushroom, Madeira Sauce

Contains: dairy, sulphites

Chicken, Tarragon, White Wine Cream Sauce

Contains: milk, sulphites, mustard

Slow Roast Chicken Leg, Cacciatore Sauce

Contains: sulphites

Chicken Marbella, White Wine, Olive, Capers, Date

Contains: sulphites

Chicken Tagine, Almond, Prune, Apricot, Chick Pea

Contains: nuts (almond), sulphites

€17.75 per head

Beef Dishes

Boeuf Bourguignon, Smoked Bacon, Mushroom

Contains: sulphites

Beef Massaman Curry

Contains: soy, fish, shellfish, nuts (peanut)

Beef Chilli Con Carne

Contains: lupin, sulphites

Irish Beef Cottage Pie, Hegartys Cheddar Mash

Contains: celery, sulphites, milk

Slow Cooked Beef Shin Ragù

Contains: sulphites

Beef and Chorizo in Red Wine

Contains: sulphites, wheat

Beef Stroganoff with Mushroom

Contains: milk, mustard, sulphites

Beef Shin Lasagna

Contains: egg, milk, wheat, sulphites, celery

€17.75 per head

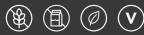
Hot Vegetarian Dishes

Lentil Cottage Pie with Sweet Potato Mash



Contains: celery

Grilled Vegetable Paella



Wild Mushroom Ragout and Butternut Squash Lasagna



Contains: wheat, milk, egg, sulphites

Veggie Lasagna



Contains: wheat, milk, egg, sulphites

Thai Vegetable Curry



Contains: soy, fish, shellfish

Butternut Squash Tagine



Contains: sulphites

Aubergine Moussaka



Contains: milk, sulphites, wheat



€17.75 per head

Sides

choose an option

Basmati Rice



Roast Baby Potatoes, Rosemary, Garlic, Olive Oil



Mash Potato



Contains: milk

Herb Couscous



Contains: wheat

Cajun Potato Wedges



Contains: gluten



Evening Grazing

Cheese Board

Compte, Goats Cheese, Pont l'eVeque, Cashel Blue, Crackers and Chutney

Contains: wheat, milk, egg, sulphur dioxide

Charcuterie Board

Bresaola, Chorizo, Serrano Ham, Pistacchio Mortadella, Pesto, Tapanade, Figs, Pickles, Garlic Croutons

Contains: wheat, sulphur dioxide, nut

Vegan Antipasti Board

Grilled Provencal Vegetables, Baby Artichokes, Slow Roast Tomato, Pickled Mushrooms, Croutons, Hummus, Tapanade, Olives

Contains: wheat, sulphur dioxide

€114 per board
serves 12-15 pax

Canapes



Grilled Provencal Vegetables, Baby Artichokes, Slow Roast Tomato, Pickled Mushrooms Croutons, Hummus, Tapenade, Olives

Contains: wheat, egg, milk, sulphites

Mini Chicken and Wild Mushroom Pie

Contains: wheat, gluten, milk, egg, sulphites

Bailey & Kish Smoked Salmon, Dill Cream Cheese, Soda Bread

Contains: milk, wheat, fish (salmon), gluten

Crispy Southern Fried Pork Belly, Spiced Crumb, Harissa Mayo

Contains: egg, wheat, mustard, sulphites

Poached Pear, Cashel Blue, Endive, GF Tartlet 🌾 🥚

Contains: milk, sulphites

Cacio Pepe Arancini w/ Guanciale & Lemon Aioli

Contains: wheat, milk, eggs, mustard, gluten

Spanish Goats Cheese Crisp Rice Ball Saffron & Red Peppers w/ Ailoi 🥚

Contains: milk, egg, wheat, gluten, sulphites

Korean Pulled Beef Slider, Lime Aioli, Kimchi

Contains: wheat, gluten, egg, milk, soya, sesame, mustard, sulphites, may contain all nuts (peanuts)

Chicken Katsu Sliders, Cabbage Slaw, TonKatsu Sauce 🌾 🥚

Contains: wheat, gluten, egg, milk, soya, sesame, mustard, sulphites, may contain all nuts (peanuts)

Chipotle Roast Sweet Potato, Spiced Soy Mayo, Corn Tostada 🌾 🥚 🌱 🌾

Contains: sulphites, halal, soy

Wild Mushroom Nori

Wild Mushroom, Sushi Rice, Pickled Ginger, Wasabi

Contains: sulphur dioxide, soy

3 for **€15.85**

4 for **€20.25**

5 for **€25.35**

Please note, samples and others in rotation, so ask for details.

Sweets

Superfood Flapjack

Flapjack made with Gluten Free Oats, Goji Berries, Dark Chocolate, Dried Fruit and Pumpkin Seeds

Contains: soybeans, nuts (pecan), sulphites, halal

Lemon Curd Tartlet, Ganache Montee

Contains: wheat, milk, egg

Biscoff Millionaire Squares

Contains: wheat, milk, egg, gluten

Biscoff Millionaire Squares

Contains: milk, wheat, egg, soy, gluten

Dark Chocolate Brownie

Contains: milk, egg



€5.10 each

Special Occasion Sweets

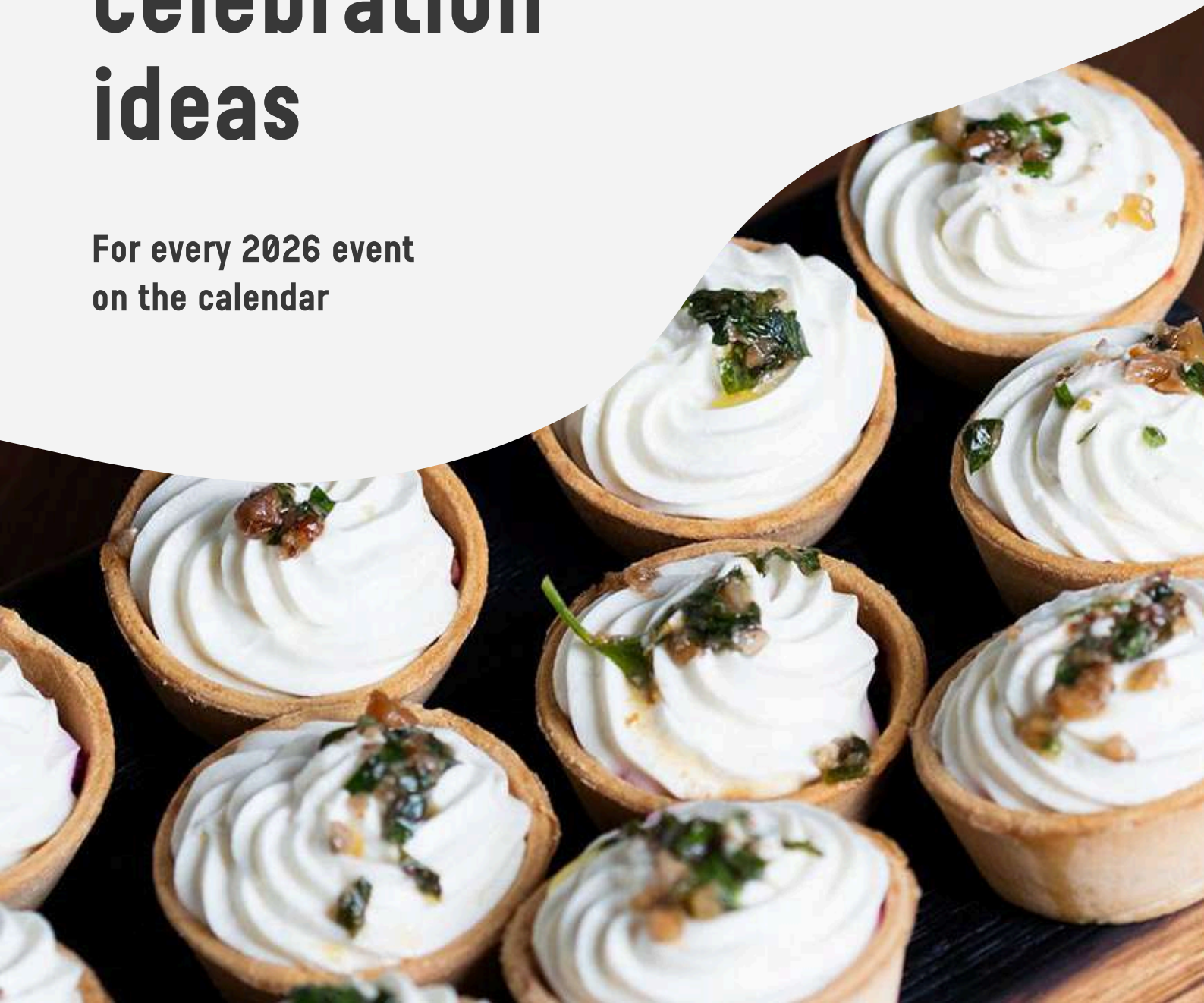
€6.30 each

Cake Pops avail to theme seasonal events (Min Orders)



Monthly workplace celebration ideas




For every 2026 event
on the calendar



JANUARY

Veganuary

Sandwiches on Granary / Sourdough

Roast Sweet Potato, Roast Red Pepper, Avocado, Baby Gem   



Contains: gluten

BBQ Pulled Jackfruit Slider   

Spiced Jackfruit, BBQ Sauce, Avocado, Vegan Slider

Contains: wheat, gluten, sulphites

Wraps

Falafel Wrap, Hummus, Red Pepper Tabbouleh, Pickled Red Cabbage, Harissa, Riata   

Contains: wheat, sesame, sulphites

Avocado, Sweet Potato, Roast Red Pepper Wrap   

Contains: wheat, sulphites, gluten

Salads

Basmati Rice, Wild Rice, Red Quinoa, Pickled Red Onion, Vadouvan Roasted Cauliflower Green Chilli Chutney    

Contains: sulphites, mustard

Potato, Caper, Red Onion, Red Pepper w/ Smoked Paprika Dressing    

Contains: sulphites

Charred Sweet Corn Tabbouleh  

Cracked Wheat, Charred Corn, Red Onion, Roast Red Pepper, Black Bean, Jalapeno, Smoky Chipotle Dressing

Contains: wheat, gluten

Fin

Vegan Raspberry and Cashew Brownie    

Contains: nut (cashew, almond,), soy

€9.50 per sandwich

€38.00 per salad

€5.10 per treat



JANUARY

Lunar | Chinese New Year

Pork Shoulder Gyoza

Contains: soy, sulphur dioxide, wheat, sesame, gluten

Mushroom, Spring Cabbage Gyoza

Contains: soy, sulphur dioxide, wheat, sesame, gluten

Vegetable Chow Mein, Broccoli, Peppers, Pak Choi

Contains: milk, soy, sulphur dioxide, wheat, egg, gluten

Kung Pao Chicken

Contains: nut (peanut), sulphur dioxide, soy, wheat, gluten

Cantonese Fried Rice, Pork Shoulder, Soy, Edamame

Contains: soy, wheat, egg, gluten

€19.70 per person

FEBRUARY

Valentines Treats

Heart Shaped Cookies, Vanilla Icing and Raspberry Sprinkles

Contains: wheat, milk, gluten

Red Velvet Cupcake, Cream Cheese and Red Chocolate Frosting

Contains: wheat, milk, egg, gluten

Raspberry and Cashew Brownie

Contains: nut (cashew), soy, halal

Pink Cake Pop w/ Valentines Theme & Sprinkles, Red Velvet Flavour, Chocolate Topper

Contains: wheat, gluten, egg, milk, soya, soybeans

€5.10 - €6.10 depending on extras



FEBRUARY

Pancake Tuesday

Pancakes

Contains: wheat, milk, egg, gluten

Gluten Free Pancakes

Contains: milk, egg

Sauces

Lemon Juice

Icing Sugar

Maple Syrup

Warm Chocolate Sauce

Contains: milk

Toppings

Strawberries

Blueberries

Banana

Vegan Bircher Pots, Breakfast Dukkah

Contains: nuts (almond, hazelnut), sesame, gluten, wheat

€9.50 - €15.85 depending on extras

MARCH

Paddy's Day Treats

Dark Chocolate Brownie, Irish Whiskey Ganache

Contains: milk, egg, sulphites

Baileys Cheesecake

Contains: wheat, milk, egg, sulphites, gluten

Shamrock Oreo Iced Cupcakes

Contains: wheat, milk, egg, gluten, soy

Irish Superfood Flapjack

Flapjack made with Gluten Free Oats, Goji Berries, Dark Chocolate, Dried Fruit and Pumpkin Seeds

Contains: soybeans, nuts (pecan), sulphites, halal

€5.70 - €8.25 depending on extras

MARCH

Women's Day Healthy Lunch



Salads

Farfalle Pasta Salad

Basil Pesto, Olives, Sun-Dried Tomato

Contains: egg, wheat, gluten, milk, sulphites, nuts (pine nuts)

Charred Sweet Corn Tabbouleh

Cracked Wheat, Charred Corn, Red Onion, Roast Red Pepper, Black Bean, Jalapeno, Smoky Chipotle Dressing

Contains: wheat, gluten

Greek Salad, Tomato, Red Onion, Cucumber, Kalamata Olive, Feta

Contains: egg, milk, sulphites

Protein

Herby Roast Chicken

Contains: mustard, sesame, sulphites

Roasted Butternut Squash, Pomegranate, Seeds

Contains: sulphites

Marinated Feta, Fine Herbs, Chilli, Citrus

Contains: milk (sheep, goat)

w/ Corn Tortilla Chips

Dip

Basil Hummus

Contains: nuts (cashew, peanut), sulphites, sesame

Red Pepper Hummus

Contains: nuts (cashew, peanut), sesame

Guacamole, Onion, Chilli, Coriander, Peppers

Contains: sulphites



€20.25 per person

MARCH

Employee Appreciation Day

Mexican Build Your Own Nachos

Corn Tortilla Chips 

Guacamole, Chilli, Onion, Peppers,
Coriander    

Contains: sulphites

Lime and Scallion Sour Cream  

Contains: milk

Pico de Gallo Salsa    

Tomato, Red Onion, Chilli, Lime and Coriander

Contains: sulphites

Beef Chilli Con Carne  

Contains: milk

Vegan Black Bean Chilli    

Black Bean, Kidney Bean, Chilli, Garlic, Tomato,
Spices and Coriander

Contains: sulphites

€18.35 per person

Toppings

Coriander

Sriracha Hot Sauce

Cheddar 

Contains: milk

Pickled Red onion

Contains: sulphites

APRIL

Easter Treats

Valentines Cake Pops Red Velvet 

Contains: wheat, gluten, egg, milk, soya, halal

Red Velvet Cookie 

Contains: wheat, milk, egg

Red Velvet Cupcake, Cream Cheese and Red
Chocolate Frosting 

Contains: wheat, milk, egg, gluten, soya

€6.30 each

MAY

Cinco De Mayo

Mexican Build Your Own Nachos

Chicken Adobo 🌾 🥚

Chicken spiced with Adobo Chilli, Cumin and Garlic, Soy, Vinegar, Tomato

Contains: sulphites, halal, soy

Beef Barbacoa 🌾 🥚

Slow Cooked Overnight Irish Beef with Acho Chilli, Garlic and Cumin, Coriander

Contains: sulphites

Vegan Black Bean Chilli 🌾 🥚 🌱

Black Bean, Kidney Bean, Chilli, Garlic, Tomato, Spices and Coriander

Contains: sulphites, halal

Coriander & Lime Basmati Rice 🌾 🥚 🌱

Contains: halal



Accompaniments

Guacamole 🌾 🥚 🌱

Contains: sulphites, halal

Corn Tortilla Chips 🌾 🌱

Salsa Verde 🌾 🥚 🌱

Coriander, Green Chilli, Jalapeno, Lime, Shallot

Contains: sulphites, halal

Cheddar 🌱

Contains: milk

Chopped Iceberg Lettuce 🌾 🥚 🌱

Contains: halal

€20.25 per person

JUNE

Pride

Pride Cake Pop, Carmel Flavour Chocolate Topper 🌱

Contains: wheat, gluten, egg, milk, soya

Vanilla Cupcake (Pride Multi Colored Frosting Assorted) 🌱

Cream Cheese Frosting

Contains: wheat, milk, egg, gluten, soy



€6.30 each

JULY

Bastille Day

Main Course

Daube of Beef, Bourguignon Garnish

Contains: mustard, sulphites

Coq Au Vin

Contains: sulphites

Celeriac and Mushroom Pithivier

Contains: celery, wheat, milk, egg, mustard

Sides

Lyonnaise Potatoes

Contains: milk, mustard

Ratatouille

Contains: sulphites

Glazed Chantenay Carrots



€20.25 per person

JULY

4th July

Grilled Irish Hereford Beef Burger, Brioche

Contains: sulphites, mustard, milk, egg, wheat, gluten, sesame, may contain all nuts, peanuts, soya

Classic Irish Pork Hot Dog

Jumbo Pork Hot Dog, Ketchup, American Mustard, Crispy Onion

Contains: gluten, mustard, egg, wheat, sulphites

Curried Cauliflower and Quinoa Burger

Contains: mustard, wheat, sulfur dioxide, celery, gluten, sesame, may contain all nuts, peanuts, egg, soya

Sides

Cajun Potato Wedges

Contains: gluten

Pickled Gherkins, Pickled Red Onion, Irish Cheddar

Contains: milk, sulphites

Baby Gem, Vine Tomato

Crispy Onions

Contains: wheat

N'Duja Cooked Onions

Contains: sulphites

Ruby Coleslaw

Contains: egg, mustard, sulphur dioxide

Ketchup, Mustard and Mayo

€20.25 per person



Please note that the menu may vary depending on availability.

Legend:  Gluten free  Dairy free  Vegetarian  Vegan

Summer BBQ Menu

Main

Grilled Irish Beef Burger, Hegartys Cheddar, Relish, Baby Gem, Brioche Bun

Contains: milk, egg, sulfur dioxide, mustard, celery, gluten, may contain all nuts, peanuts, soya

Grilled Turkey Sausage Hotdog, Crispy Fried Onions, Wholegrain Mustard Mayo

Contains: milk, egg, sulfur dioxide, mustard, celery, gluten, may contain all nuts, peanuts, soya

Curried Cauliflower and Quinoa Burger

Contains: mustard, wheat, sulfur dioxide, celery, gluten, may contain all nuts, peanuts, soya

Smokey BBQ Glazed Grilled Chicken Skewers

Contains: wheat, gluten

Cold Salads

Summer Green Salad, Confit Garlic and Mustard Dressing

Contains: mustard, sulfur dioxide

House Ruby Coleslaw

Contains: egg, mustard, sulfur dioxide

Potato Salad, Capers, Scallions, Dill and Mustard

Contains: egg, mustard, sulfur dioxide

Asian Noodle Salad, Rice Noodles, Spicy Peanut Dressing

Contains: soy, wheat, egg, nuts, peanuts

Menu Served With

Pickled Gherkins, Red Onion, Beef Tomato, Iceberg Lettuce, Tomato Relish, Garlic Mayo, Margadh Burger Sauce

€21.55 per person

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**Minimum people per dish:
20 for meat & 10 for vegetarian**





 www.thefruitpeople.ie  [@thefruitpeople](https://www.instagram.com/thefruitpeople)

**Thank you for considering
The Fruit People for your
office needs.**