



# Corporate Events

Making food a  
workplace experience



# Welcome!

**At The Fruit People, we believe exceptional food enhances workplaces and well-being.**

Our menu is thoughtfully designed to delight your taste buds and elevate your office dining experience. With a focus on quality and variety, every dish is crafted to bring joy to your workplace.

## Get to Know the Team Behind Your Menu Choices



**Barry Dennis**



**Amy Blake**



**Anderson**

## Important Information

### Please note:

All dishes are prepared in a kitchen that handles nuts and shellfish. The Food Safety Authority of Ireland (FSAI) advises customers with peanut allergies or suspected allergies to avoid products containing mustard as an allergen.

If you have any **specific dietary concerns or questions, please contact us at [info@thefruitpeople.ie](mailto:info@thefruitpeople.ie)** or speak to a member of our team.

### Cancellation Policy:

Cancellations within 24 hours of the scheduled event will be charged in full.

## Order with us



**Reach out to us at**

[\(01\) 534 5821](tel:015345821)



**Discuss your catering needs**

[info@thefruitpeople.ie](mailto:info@thefruitpeople.ie)

## Pricing and delivery

All pricing given is ex VAT, and does not include delivery or service fee. Delivery fee is €27, and service fee will depend on event size; please ask for more details.

**Serving groups of 25+ in central dublin and 50+ in surrounding areas.**

**Minimum people per dish –**  
20 for meat & 10 for vegetarian

**Cut off time for final changes, final numbers –** 48h prior to the event



# Breakfast Options

## Hot Breakfast Items

### Brioche Breakfast Bun

Fried Egg, Bacon, Black Pudding

**Contains:** wheat, egg, milk, sulphites, soy, sesame, soya bean, mustard, gluten, may contain all nuts, peanuts

### Vegan Sausage, Avocado, Roast Pepper, Tomato, Facon & Vegan White, Pudding w/ Vegan Bap

**Contains:** wheat, gluten, sulphites, halal, soya, may contain all nuts (peanuts), sesame

€10.80 each

## Pastries

### Croissant

### Pain au Chocolat

### Raisin Danish

**Allergens:** wheat, egg, milk, nut (hazelnut)

### Oreo Overnight Oat Pots

**Contains:** oats, milk, wheat, nuts (hazelnuts and almond), sesame, gluten

### Raspberry Overnight Oat Pots

**Contains:** oats, soy, wheat, nuts (hazelnuts and almond), sesame, gluten

### Lemon & Blueberry Breakfast Slice

**Contains:** wheat, gluten, nuts (almond)

### Chocolate Chip Banana Bread

**Contains:** wheat, milk, eggs, gluten

Three for €15.20

## Fruits, Yogurts & Oat Pots

### Fruit Pots

Pineapple, Melon, Watermelon, Blueberry, Strawberry

### Yogurt Pot

Greek Yogurt, Blueberry Compote, Margadh Granola

**Contains:** milk, nuts (hazelnut and almond)

Three for €15.20



# Add on to base breakfast



## Pork Shoulder Sausage Roll

**Contains:** wheat, egg, sulphur dioxide

## Fresh Fruit Skewers 🌱 🥛 🌱 🌱

Pineapple, Melon, Kiwi, Mixed Berries

## Smashed avocado, chilli, onion & pepper, gluten free toast 🌱 🥛 🌱 🌱

**Contains:** halal, sulphites

## Green Tea Matcha And Cacao Protein ball 🌱

Pistachio, Matcha Tea, Walnut, Almond, Maple, Coconut, Date, Cacao

**Contains:** tree nuts, nuts (walnut, almond, pistachio)

All the protein ball, have been produced in a environment containing, wheat, gluten, tree nuts, dairy, eggs, soya, sesame and sulphites

€4.75 each

## Tortilla de Patata 🌱 🥛 🌱

Eggs, onions and potatoes slowly cooked in olive oil

**Contains:** eggs, sulphites

## Breakfast Quiche

Sausage, black pudding, bacon lardon, egg, cheese

**Contains:** sulphur dioxide, milk, wheat, sesame

€7 each

## Smoked Salmon Bagel

Smoked Salmon, Dill and Lemon Cream Cheese

**Contains:** wheat, milk, fish (salmon), sesame, gluten, may contain all nuts, peanuts, egg, soya

## Bacon and Cream Cheese Bagel 🌱

Streaky Bacon, Chive Cream Cheese

**Contains:** wheat, milk, fish (salmon), sesame, gluten, may contain all nuts, peanuts, egg, soya

€8.25 each

## Fresh Smoothies

### Strawberry 🌱 🌱

**Contains:** milk

### Raspberry and Banana coconut 🌱 🥛 🌱

**Contains:** soy

## Fresh Juices

### Pressed Apple Juice, Squeezed Orange Juice

€4.75 each



# Lunch Options

## Sandwiches

Gluten Free Bread Options Avail

Sample Sandwich Offerings

### Buttermilk Poached Chicken, Garlic Aioli, Beef Tomato, Parmesan, Baby Gem

**Contains:** wheat, milk, egg, mustard, sulphur dioxide, gluten

### Glazed Ham, Mustard Mayo, Smoked Cheddar, Dressed Slaw

**Contains:** wheat, sulphur dioxide, mustard, egg, milk, gluten

### Turkey Club Sambo, Beef Tomato, Bacon, Truffle Mayo, Baby Gem

**Contains:** wheat, egg, mustard, sulphur dioxide, gluten

### Mozzarella, Beef Tomato, Basil Pesto, Rocket

**Contains:** wheat, milk, nut (pine nut), gluten

€9.50 per sandwich or wrap

## Wraps

Changes Monthly

### Falafel Wrap, Hummus, Red Pepper Tabbouleh, Pickled Red Cabbage, Harissa, Riata

**Contains:** wheat, sesame, sulphites, gluten

### Tuna & Sweetcorn Wrap, Three Cheese Mix, Baby Gem

**Contains:** egg, mustard, sulphites, wheat, fish (tuna), gluten

### Chicken Caesar Wrap, Bacon, Parmesan, Baby Gem

**Contains:** egg, mustard, sulphites, wheat, gluten, milk

## Plain Fillings

### Egg Mayo

**Contains:** egg, mustard, sulphur dioxide, wheat

### Chicken & Stuffing

**Contains:** egg, mustard, sulphur dioxide, wheat

### Ham & Cheddar

**Contains:** wheat, dairy, butter



# Salads

## Charred Sweet Corn Tabbouleh 🌱 🌿 🌱

Cracked Wheat, Charred Corn, Red Onion, Roast Red Pepper, Black Bean, Jalapeno, Smoky Chipotle Dressing

**Contains:** wheat, gluten

## Greek Salad, Tomato, Red Onion, Cucumber, Kalamata Olive, Feta 🌱

**Contains:** egg, milk, sulphites, sheep cheese (feta)

## Spicy Peanut Dressing w/ Asian Rice Noodle Salad 🌱 🌿 🌱 🌱

Edamame Beans, Peppers, Chilli and Pickled Ginger

**Contains:** soy, sulphites, nuts (peanut), halal

## Harissa Chickpea Salad, Chipotle Roast Sweet Potato, Feta Harissa Glazed Chickpea, Chipotle Roast Sweet Potato, Roast Red Peppers, Scallions, Herbs 🌱

**Contains:** sulphites, milk (goats, sheeps)

## Cesar salad, Cherry Tomato, Baby Gem, Cesar Dressing 🌱 🌱

**Contains:** dairy, mustard, sulphite, eggs

Large share salad **€38**  
serves 8-12 pax

# Soups

## Moroccan Harira 🌱 🌱 🌱 🌱

## Tomato, Chilli and Coconut 🌱 🌱 🌱 🌱

## Leek and Potato 🌱 🌱

**Contains:** milk

**€5.70** per serving

Need to be grouped in batches cannot mix



# Hot dishes



## Chicken Dishes

### Thai Green Chicken Curry

Contains: soy, fish, shellfish

### Chicken, Leek and Ham Hock Pie

Contains: dairy, egg, milk, wheat, mustard

### Chicken, Wild Mushroom, Madeira Sauce

Contains: dairy, sulphites

### Chicken, Tarragon, White Wine Cream Sauce

Contains: milk, sulphites, mustard

### Slow Roast Chicken Leg, Cacciatore Sauce

Contains: sulphites

### Chicken Marbella, White Wine, Olive, Caper, Date

Contains: sulphites

### Chicken Tagine, Almond, Prune, Apricot, Chick Pea

Contains: nuts (almond), sulphites

€17.75 per head

## Beef Dishes

### Boeuf Bourguignon, Smoked Bacon, Mushroom

Contains: sulphites

### Beef Massaman Curry

Contains: soy, fish, shellfish, nuts (peanut)

### Beef Chilli Con Carne

Contains: lupin, sulphites

### Irish Beef Cottage Pie, Hegartys Cheddar Mash

Contains: celery, sulphites, milk

### Slow Cooked Beef Shin Ragù

Contains: sulphites

### Beef and Chorizo in Red Wine

Contains: sulphites, wheat

### Beef Stroganoff with Mushroom

Contains: milk, mustard, sulphites

### Beef Shin Lasagna

Contains: egg, milk, wheat, sulphites, celery

€17.75 per head

# Hot Vegetarian Dishes

## Lentil Cottage Pie with Sweet Potato Mash

Contains: celery

## Grilled Vegetable Paella

## Wild Mushroom Ragout and Butternut Squash Lasagna

Contains: wheat, milk, egg, sulphites

## Veggie Lasagna

Contains: wheat, milk, egg, sulphites

## Thai Vegetable Curry

Contains: soy, fish, shellfish

## Butternut Squash Tagine

Contains: sulphites

## Aubergine Moussaka

Contains: milk, sulphites, wheat



€17.75 per head

## Sides

choose an option

### Basmati Rice

### Roast Baby Potatoes, Rosemary, Garlic, Olive Oil

### Mash Potato

Contains: milk

### Herb Couscous

Contains: wheat

### Cajun Potato Wedges

Contains: gluten



# Evening Grazing

## Cheese Board

Compte, Goats Cheese, Pont l'eVeque, Cashel Blue, Crackers and Chutney

**Contains:** wheat, milk, egg, sulphur dioxide

## Charcuterie Board

Bresaola, Chorizo, Serrano Ham, Pistachio Mortadella, Pesto, Tapanade, Figs, Pickles, Garlic Croutons

**Contains:** wheat, sulphur dioxide, nut

## Vegan Antipasti Board

Grilled Provencal Vegetables, Baby Artichokes, Slow Roast Tomato, Pickled Mushrooms, Croutons, Hummus, Tapanade, Olives

**Contains:** wheat, sulphur dioxide

**€114** per board  
serves 12-15 pax

# Canapes



## Grilled Provencal Vegetables, Baby Artichokes, Slow Roast Tomato, Pickled Mushrooms Croutons, Hummus, Tapenade, Olives

**Contains:** wheat, egg, milk, sulphites

## Mini Chicken and Wild Mushroom Pie

**Contains:** wheat, gluten, milk, egg, sulphites

## Bailey & Kish Smoked Salmon, Dill Cream Cheese, Soda Bread

**Contains:** milk, wheat, fish (salmon), gluten

## Crispy Southern Fried Pork Belly, Spiced Crumb, Harissa Mayo

**Contains:** egg, wheat, mustard, sulphites

## Poached Pear, Cashel Blue, Endive, GF Tartlet

**Contains:** milk, sulphites

## Cacio Pepe Arancini w/ Guanciale & Lemon Aioli

**Contains:** wheat, milk, eggs, mustard, gluten

## Spanish Goats Cheese Crisp Rice Ball Saffron & Red Peppers w/ Ailoi

**Contains:** milk, egg, wheat, gluten, sulphites

## Korean Pulled Beef Slider, Lime Aioli, Kimchi

**Contains:** wheat, gluten, egg, milk, soya, sesame, mustard, sulphites, may contain all nuts (peanuts)

## Chicken Katsu Sliders, Cabbage Slaw, TonKatsu Sauce

**Contains:** wheat, gluten, egg, milk, soya, sesame, mustard, sulphites, may contain all nuts (peanuts)

## Chipotle Roast Sweet Potato, Spiced Soy Mayo, Corn Tostada

**Contains:** sulphites, halal, soy

## Wild Mushroom Nori

Wild Mushroom, Sushi Rice, Pickled Ginger, Wasabi

**Contains:** sulphur dioxide, soy

3 for **€15.85**

4 for **€20.25**

5 for **€25.35**

Please note, samples and others in rotation, so ask for details.

# Sweets

## Superfood Flapjack

Flapjack made with Gluten Free Oats, Goji Berries, Dark Chocolate, Dried Fruit and Pumpkin Seeds

**Contains:** soybeans, nuts (pecan), sulphites, halal

## Lemon Curd Tartlet, Ganache Montee

**Contains:** wheat, milk, egg

## Biscoff Millionaire Squares

**Contains:** wheat, milk, egg, gluten

## Biscoff Millionaire Squares

**Contains:** milk, wheat, egg, soy, gluten

## Dark Chocolate Brownie

**Contains:** milk, egg



€5.10 each

## Special Occasion Sweets

€6.30 each

Cake Pops avail to theme seasonal events (Min Orders)



# Monthly workplace celebration ideas

For every 2026 event  
on the calendar



JANUARY

# Veganuary

## Sandwiches on Granary / Sourdough

**Roast Sweet Potato, Roast Red Pepper, Avocado, Baby Gem**   

**Contains:** gluten

**BBQ Pulled Jackfruit Slider**   

Spiced Jackfruit, BBQ Sauce, Avocado, Vegan Slider

**Contains:** wheat, gluten, sulphites

## Wraps

**Falafel Wrap, Hummus, Red Pepper Tabbouleh, Pickled Red Cabbage, Harissa, Riata**   

**Contains:** wheat, sesame, sulphites

**Avocado, Sweet Potato, Roast Red Pepper Wrap**   

**Contains:** wheat, sulphites, gluten

## Salads

**Basmati Rice, Wild Rice, Red Quinoa, Pickled Red Onion, Vadouvan Roasted Cauliflower Green Chilli Chutney**    

**Contains:** sulphites, mustard

**Potato, Caper, Red Onion, Red Pepper w/ Smoked Paprika Dressing**    

**Contains:** sulphites

**Charred Sweet Corn Tabbouleh**  

Cracked Wheat, Charred Corn, Red Onion, Roast Red Pepper, Black Bean, Jalapeno, Smoky Chipotle Dressing

**Contains:** wheat, gluten

## Fin

**Vegan Raspberry and Cashew Brownie**    

**Contains:** nut (cashew, almond, ), soy

€9.50 per sandwich

€38.00 per salad

€5.10 per treat



JANUARY

# Lunar | Chinese New Year

## Pork Shoulder Gyoza

Contains: soy, sulphur dioxide, wheat, sesame, gluten

## Mushroom, Spring Cabbage Gyoza

Contains: soy, sulphur dioxide, wheat, sesame, gluten

## Vegetable Chow Mein, Broccoli, Peppers, Pak Choi

Contains: milk, soy, sulphur dioxide, wheat, egg, gluten

## Kung Pao Chicken

Contains: nut (peanut), sulphur dioxide, soy, wheat, gluten

## Cantonese Fried Rice, Pork Shoulder, Soy, Edamame

Contains: soy, wheat, egg, gluten

€19.70 per person

FEBRUARY

# Valentines Treats

## Heart Shaped Cookies, Vanilla Icing and Raspberry Sprinkles

Contains: wheat, milk, gluten

## Red Velvet Cupcake, Cream Cheese and Red Chocolate Frosting

Contains: wheat, milk, egg, gluten

## Raspberry and Cashew Brownie

Contains: nut (cashew), soy, halal

## Pink Cake Pop w/ Valentines Theme & Sprinkles, Red Velvet Flavour, Chocolate Topper

Contains: wheat, gluten, egg, milk, soya, soybeans

€5.10 - €6.10 depending on extras



FEBRUARY

# Pancake Tuesday

## Pancakes

Contains: wheat, milk, egg, gluten

## Gluten Free Pancakes

Contains: milk, egg

## Sauces

### Lemon Juice

### Icing Sugar

### Maple Syrup

### Warm Chocolate Sauce

Contains: milk

## Toppings

### Strawberries

### Blueberries

### Banana

## Vegan Bircher Pots, Breakfast Dukkah

Contains: nuts (almond, hazelnut), sesame, gluten, wheat

€9.50 - €15.85 depending on extras

MARCH

# Paddy's Day Treats

## Dark Chocolate Brownie, Irish Whiskey Ganache

Contains: milk, egg, sulphites

## Baileys Cheesecake

Contains: wheat, milk, egg, sulphites, gluten

## Shamrock Oreo Iced Cupcakes

Contains: wheat, milk, egg, gluten, soy

## Irish Superfood Flapjack

Flapjack made with Gluten Free Oats, Goji Berries, Dark Chocolate, Dried Fruit and Pumpkin Seeds

Contains: soybeans, nuts (pecan), sulphites, halal

€5.70 - €8.25 depending on extras



MARCH

# Women's Day Healthy Lunch

## Salads

### Farfalle Pasta Salad

Basil Pesto, Olives, Sun-Dried Tomato

**Contains:** egg, wheat, gluten, milk, sulphites, nuts (pine nuts)

### Charred Sweet Corn Tabbouleh

Cracked Wheat, Charred Corn, Red Onion, Roast Red Pepper, Black Bean, Jalapeno, Smoky Chipotle Dressing

**Contains:** wheat, gluten

### Greek Salad, Tomato, Red Onion, Cucumber, Kalamata Olive, Feta

**Contains:** egg, milk, sulphites

## Protein

### Herby Roast Chicken

**Contains:** mustard, sesame, sulphites

### Roasted Butternut Squash, Pomegranate, Seeds

**Contains:** sulphites

### Marinated Feta, Fine Herbs, Chilli, Citrus

**Contains:** milk (sheep, goat)

### w/ Corn Tortilla Chips

## Dip

### Basil Hummus

**Contains:** nuts (cashew, peanut), sulphites, sesame

### Red Pepper Hummus

**Contains:** nuts (cashew, peanut), sesame

### Guacamole, Onion, Chilli, Coriander, Peppers

**Contains:** sulphites



€20.25 per person

MARCH

# Employee Appreciation Day

## Mexican Build Your Own Nachos

Corn Tortilla Chips 

Guacamole, Chilli, Onion, Peppers,  
Coriander    

Contains: sulphites

Lime and Scallion Sour Cream  

Contains: milk

Pico de Gallo Salsa    

Tomato, Red Onion, Chilli, Lime and Coriander

Contains: sulphites

Beef Chilli Con Carne  

Contains: milk

Vegan Black Bean Chilli    

Black Bean, Kidney Bean, Chilli, Garlic, Tomato,  
Spices and Coriander

Contains: sulphites

€18.35 per person

Toppings

Coriander

Sriracha Hot Sauce

Cheddar 

Contains: milk

Pickled Red onion

Contains: sulphites

APRIL

## Easter Treats

Valentines Cake Pops Red Velvet 

Contains: wheat, gluten, egg, milk, soya, halal

Red Velvet Cookie 

Contains: wheat, milk, egg

Red Velvet Cupcake, Cream Cheese and Red  
Chocolate Frosting 

Contains: wheat, milk, egg, gluten, soya

€6.30 each

MAY

# Cinco De Mayo

## Mexican Build Your Own Nachos

### Chicken Adobo

Chicken spiced with Adobo Chilli, Cumin and Garlic, Soy, Vinegar, Tomato

**Contains:** sulphites, halal, soy

### Beef Barbacoa

Slow Cooked Overnight Irish Beef with Acho Chilli, Garlic and Cumin, Coriander

**Contains:** sulphites

### Vegan Black Bean Chilli

Black Bean, Kidney Bean, Chilli, Garlic, Tomato, Spices and Coriander

**Contains:** sulphites, halal

### Coriander & Lime Basmati Rice

**Contains:** halal



## Accompaniments

### Guacamole

**Contains:** sulphites, halal

### Corn Tortilla Chips

### Salsa Verde

Coriander, Green Chilli, Jalapeno, Lime, Shallot

**Contains:** sulphites, halal

### Cheddar

**Contains:** milk

### Chopped Iceberg Lettuce

**Contains:** halal

€20.25 per person

JUNE

# Pride

### Pride Cake Pop, Carmel Flavour Chocolate Topper

**Contains:** wheat, gluten, egg, milk, soya

### Vanilla Cupcake (Pride Multi Colored Frosting Assorted)

Cream Cheese Frosting

**Contains:** wheat, milk, egg, gluten, soy



€6.30 each

JULY

# Bastille Day

## Main Course

### Daube of Beef, Bourguignon Garnish

Contains: mustard, sulphites

### Coq Au Vin

Contains: sulphites

### Celeriac and Mushroom Pithivier

Contains: celery, wheat, milk, egg, mustard

## Sides

### Lyonnaise Potatoes

Contains: milk, mustard

### Ratatouille

Contains: sulphites

### Glazed Chantenay Carrots



€20.25 per person

JULY

# 4th July

## Grilled Irish Hereford Beef Burger, Brioche

Contains: sulphites, mustard, milk, egg, wheat, gluten, sesame, may contain all nuts, peanuts, soya

## Classic Irish Pork Hot Dog

Jumbo Pork Hot Dog, Ketchup, American Mustard, Crispy Onion

Contains: gluten, mustard, egg, wheat, sulphites

## Curried Cauliflower and Quinoa Burger

Contains: mustard, wheat, sulfur dioxide, celery, gluten, sesame, may contain all nuts, peanuts, egg, soya

## Sides

### Cajun Potato Wedges

Contains: gluten

### Pickled Gherkins, Pickled Red Onion, Irish Cheddar

Contains: milk, sulphites

### Baby Gem, Vine Tomato

### Crispy Onions

Contains: wheat

### N'Duja Cooked Onions

Contains: sulphites

### Ruby Coleslaw

Contains: egg, mustard, sulphur dioxide

### Ketchup, Mustard and Mayo

€20.25 per person



Please note that the menu may vary depending on availability.

Legend:  Gluten free  Dairy free  Vegetarian  Vegan

# Summer BBQ Menu

## Main

### Grilled Irish Beef Burger, Hegartys Cheddar, Relish, Baby Gem, Brioche Bun

**Contains:** milk, egg, sulfur dioxide, mustard, celery, gluten, may contain all nuts, peanuts, soya

### Grilled Turkey Sausage Hotdog, Crispy Fried Onions, Wholegrain Mustard Mayo

**Contains:** milk, egg, sulfur dioxide, mustard, celery, gluten, may contain all nuts, peanuts, soya

### Curried Cauliflower and Quinoa Burger

**Contains:** mustard, wheat, sulfur dioxide, celery, gluten, may contain all nuts, peanuts, soya

### Smokey BBQ Glazed Grilled Chicken Skewers

**Contains:** wheat, gluten

## Cold Salads

### Summer Green Salad, Confit Garlic and Mustard Dressing

**Contains:** mustard, sulfur dioxide

### House Ruby Coleslaw

**Contains:** egg, mustard, sulfur dioxide

### Potato Salad, Capers, Scallions, Dill and Mustard

**Contains:** egg, mustard, sulfur dioxide

### Asian Noodle Salad, Rice Noodles, Spicy Peanut Dressing

**Contains:** soy, wheat, egg, nuts, peanuts

## Menu Served With

Pickled Gherkins, Red Onion, Beef Tomato, Iceberg Lettuce, Tomato Relish, Garlic Mayo, Margadh Burger Sauce

€21.55 per person

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**Minimum people per dish:  
20 for meat & 10 for vegetarian**





 [www.thefruitpeople.ie](http://www.thefruitpeople.ie)  [@thefruitpeople](https://www.instagram.com/thefruitpeople)

**Thank you for considering  
The Fruit People for your  
office needs.**